



教育图书



功能学具



学生之家

基础教育行业专研品牌

30<sup>+</sup>年专注教育行业

# 全品 全品 高考复习方案

主编：肖德好



AI智慧教辅

索取二维码  
贴此处  
激活享受服务

AI时代就该用AI学习  
遇到问题快扫我

 延边教育出版社

# CONTENTS 目录



讲课智能体



扫码添加全品伴学师  
获取学习服务

## 核心素养之知识运用篇——完形填空与语法填空

01

### 专题一 完形填空

第 1 讲 完形填空策略指导 .....	001
第 2 讲 记叙文型完形填空——事件线 .....	003
第 3 讲 记叙文型完形填空——情感线 .....	007
完形填空综合练 .....	010

02

### 专题二 语法填空

第 1 讲 谓语动词的变化 .....	022
第 2 讲 非谓语动词的变化 .....	022
语法填空综合练 .....	023

## 核心素养之阅读理解篇——阅读理解与阅读七选五

03

### 专题三 阅读理解

第 1 讲 命题突破——细节理解题 .....	029
第 2 讲 命题突破——推理判断题 .....	036
第 3 讲 命题突破——词义猜测题 .....	045
第 4 讲 命题突破——主旨大意题 .....	053
第 5 讲 文体突破——应用文 .....	061
第 6 讲 文体突破——记叙文 .....	067
第 7 讲 文体突破——说明文 .....	073

第 8 讲 文体突破——议论文·····	079
阅读理解综合练·····	086

## 04 · 专题四 阅读七选五

第 1 讲 设空位置法·····	106
第 2 讲 词汇线索法·····	111
第 3 讲 逻辑关系法·····	117
阅读七选五综合练·····	123

## 核心素养之书面表达篇——阅读表达与应用文写作

## 05 · 专题五 阅读表达

第 1 讲 细节表达题·····	135
第 2 讲 分析判断题·····	138
第 3 讲 迁移创新题·····	141
阅读表达综合练·····	146

## 06 · 专题六 应用文写作

第 1 讲 高分技巧·····	157		
微技能 1 构思与文本布局	微技能 2 内容与形式		
第 2 讲 应用文体裁分类练·····	159		
考点 1 邀请信	考点 2 建议信	考点 3 推荐信	考点 4 求助信
考点 5 申请信	考点 6 告知信	考点 7 介绍信	考点 8 致歉信
考点 9 感谢信	考点 10 演讲稿		
应用文写作综合练·····	176		

作业手册 [单独成册 P179~P344]

背记手册 [单独成册 P001~P046]

听说本 [单独成册 P001~P054]

参考答案(专题训练+作业手册) [单独成册 P345~P424]

## 01 • 高中英语 必修第一册

Unit 1	LIFE CHOICES	001
Unit 2	SPORTS AND FITNESS	005
Unit 3	CELEBRATIONS	009

## 02 • 高中英语 必修第二册

Unit 4	INFORMATION TECHNOLOGY	013
Unit 5	HUMANS AND NATURE	017
Unit 6	THE ADMIRABLE	021

## 03 • 高中英语 必修第三册

Unit 7	ART	026
Unit 8	GREEN LIVING	030
Unit 9	LEARNING	034

## 04 • 高中英语 选择性必修第一册

Unit 1	RELATIONSHIPS	038
Unit 2	SUCCESS	042
Unit 3	CONSERVATION	046

## 05 • 高中英语 选择性必修第二册

Unit 4	HUMOUR	050
Unit 5	EDUCATION	054
Unit 6	THE MEDIA	059

## 06 • 高中英语 选择性必修第三册

Unit 7	CAREERS	063
--------	---------	-----

Unit 8	LITERATURE	067
--------	------------	-----

Unit 9	HUMAN BIOLOGY	071
--------	---------------	-----

## 07 • 高中英语 选择性必修第四册

Unit 10	CONNECTIONS	075
Unit 11	CONFLICT AND COMPROMISE	078
Unit 12	INNOVATION	082

## G • 语法专题 词法和句法

### 专题一 复杂多变的动词

第 1 讲	动词的时态和语态	086
第 2 讲	主谓一致	090
第 3 讲	非谓语动词	093

### 专题二 易“变形”的名词、数词、形容词和副词

第 4 讲	名词和数词	099
第 5 讲	形容词和副词	101
第 6 讲	词形转换	104

### 专题三 不可小觑的小词——冠词、介词、代词

第 7 讲	冠词	107
第 8 讲	介词	110
第 9 讲	代词	113

### 专题四 灵活多样的句法——从句与特殊句式

第 10 讲	并列句和状语从句	116
第 11 讲	定语从句	119
第 12 讲	名词性从句	122
第 13 讲	特殊句式	125

## 考情分析

年份	体裁	词数	主题	考点分布			
				动词	名词	形容词	副词
2025	记叙文	257	少年为求关注犯错,父爱挽救教其成长	3	3	2	2
2024	记叙文	292	偶然参加音乐剧面试却成功获得了扮演主角的机会	4	4	1	1
2023	记叙文	286	被老师罚写检讨却发现自己的写作天赋	6	2	1	1
命题规律	1. 体裁及话题:文章以记叙文为主,且多以传播正能量的、具有积极意义的话题为主; 2. 来源:全部来自国外网站,原汁原味,篇章与语句结构的变化丰富多彩; 3. 篇幅:相对稳定,一般在 220~300 词之间;所选短文结构严谨、层次分明、逻辑性强; 4. 设空:空缺词以实词为主,其中重点考查动词、名词、形容词和副词等实词; 5. 情节:故事情节多有起伏转折,事件线和情感线两条主线相辅相成						



讲课智能体

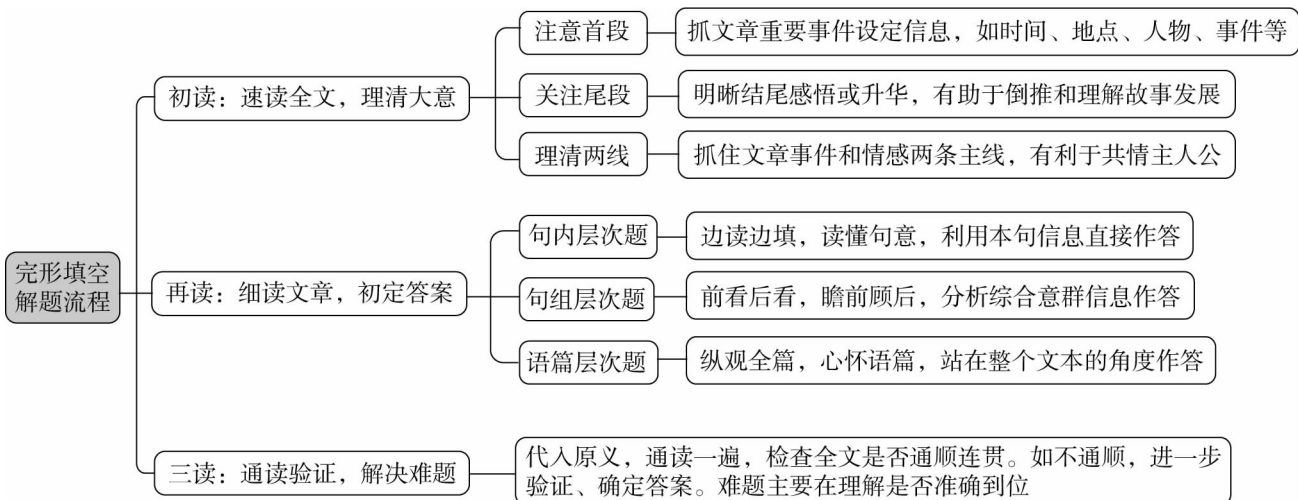
## 第 1 讲 完形填空策略指导

### 专题导读

#### 【完形填空解题流程】

高考完形填空是以语篇为载体、阅读为本质,主要考查考生的语篇阅读能力和语言综合运用能力的重要测试题型。通过阅读、分析语篇,对上下文语境的理解和推测,选择一个最佳选项填入空白处,使整篇文章通顺连贯。考生在宏观层面要把握文章大意,提取主旨;微观层面上,逻辑关系、动作情感等都要关注。

根据文章类型,考生需要关注、侧重的方面不同,一般来说,记叙文关注故事的六要素,抓住文章事件和情感两条主线;说明文关注事物的定义、性质、功能、原理等;议论文关注作者的观点、论据以及结论等。近几年高考完形填空都以记叙文为主,因此以记叙文来展示高考完形填空解题流程。



## 【完形填空高分技法】

### • 技法 1 上下文语境法

包括上文语境、下文语境或上下文语境。完形填空主要考查词语在特定的语境中的运用,做题时可以通过把握上下文之间的逻辑关系、解读上下文的词汇和句子结构、揣摩上下文的情感和语气、利用上下文的线索进行推理等方式,选出最佳选项。

#### 典例剖析

1. [2025·北京卷节选] At 15, I excelled academically yet felt overshadowed and unnoticed. The \_\_\_\_\_ to stand out consumed me, pushing me towards a regrettable decision.

A. promise                      B. competition                      C. desire                      D. hesitation

**【解析】** 根据前文“*At 15, I excelled academically yet felt overshadowed and unnoticed.*”可知,作者学业优秀却感觉不被关注,所以有引起注意的欲望。故选 C。promise 承诺;competition 竞争;desire 欲望;hesitation 犹豫。

2. [2021·北京卷节选] A moment later, he began to... the half-open window—one leg went over it. The man jumped up and \_\_\_\_\_ the child just before he fell out.

A. grabbed                      B. rocked                      C. touched                      D. picked

**【解析】** 根据空后的“... before he fell out.”可知,这位男士在孩子摔下去之前一跃而起抓住了他。故选 A。

### • 技法 2 背景常识法

完形填空中往往渗透着诸如生活场景、文化科学、历史地理、风俗人情等方面的知识,做题时对一些已知的生活经验、文化背景知识或科普知识,特别是中西方文化差异,巧妙地加以运用将会大大简化分析与判断过程,节省宝贵的时间,从而轻松做出正确判断。

#### 典例剖析

3. [2021·北京卷节选] Recently, I took a trip home by train. I got a seat opposite a middle-aged man with sharp eyes, who kept watching a young woman in a window seat with a little boy on her lap. The woman's eye fell on the man's face, and she immediately looked down and \_\_\_\_\_ her scarf.

A. adjusted                      B. changed                      C. packed                      D. waved

**【解析】** 根据上文的“*The woman's eye fell on the man's face, and she immediately looked down...*”和 sharp eyes 可知,这位女士因为男士一直盯着自己看,感觉不舒服,所以低头调整自己的围巾。故选 A。

### • 技法 3 词汇复现法

词汇复现是完形填空解题中常用的技巧之一。原词、同义词或近义词、反义词、上义词、下义词甚至句式结构重复出现在语篇中,使整篇文章句子相互衔接和连贯、意义统一完整。因此,考生可在理解文章的结构和语境的基础上,关注文章中的词汇复现来选择正确的答案。

#### 典例剖析

4. [2025·北京卷节选] One day, during a class in the IT lab with my classmates, our teacher mentioned missing computer parts. Curious looks exchanged, everyone wondered how it could happen in a(n) \_\_\_\_\_ lab. “It's possible to open that lock with another key,” I said.

A. expensive                      B. locked                      C. modern                      D. abandoned

**【解析】** 下文提到“*It's possible to open that lock with another key...*”(可以用另一把钥匙打开那个锁……),这里直接出现了 lock 这个词。因此,实验室是上锁的(locked lab),属于词汇原词复现。故选 B。expensive 昂贵的;locked 锁着的;modern 现代的;abandoned 废弃的。

5. [2021·北京卷节选] The woman looked over at the man. He was still staring at her. She looked back at him with fire in her eyes. I was beginning to get \_\_\_\_\_, too.

A. nervous                      B. embarrassed                      C. angry                      D. disappointed

**【解析】** 根据空前的“*She looked back at him with fire in her eyes.*”中的 *fire* 可知,这位女士生气了。再根据空后的 *too* 可知,“我”也生气了。*with fire* 与 *angry* 属于同义表达。故选 C。

#### • 技法 4 逻辑推断法

完形填空中对于逻辑关系的考查也是高频考点之一,如因果关系、转折关系、递进关系、条件关系、时间关系、顺序关系等。关注句内或句间的逻辑关系,有利于轻松做题。下表为完形填空中考查的常用逻辑关系词。

因果关系	due to, because of, for the reason, thus, consequently, so, therefore, as a result
转折关系	but, yet, still, however, instead, instead of, rather than, unfortunately, although, despite
递进关系	in addition to, apart from, furthermore, besides, additionally, not only...but also
条件关系	if, unless, as long as, on condition that, otherwise, or else
时间关系	later, after that, then, soon, earlier, gradually, at that time, meanwhile
顺序关系	initially, to start with, and then, next, eventually, finally

#### 典例剖析

6. [2023·北京卷节选] Soon after dinner, I handed the essay to Mum. I half expected a lecture—at least an “I hope you’ve learned your lesson”. \_\_\_\_\_, Mum laughed and laughed as she read.

- A. Therefore                      B. Moreover                      C. Meanwhile                      D. Instead

**【解析】** 根据上文可知,作者把写的东西交给妈妈过目,心里想着至少妈妈可能会告诫作者要吸取教训,但是妈妈边读边笑。这和作者的心理预期相矛盾,*instead* 表达相反的情况。故选 D。

7. [2021·北京卷节选] The train moved on. The little boy was \_\_\_\_\_ awake on his mother’s lap, but the woman dropped off to sleep. A moment later, he began to... the half-open window—one leg went over it.

- A. almost                      B. still                      C. hardly                      D. even

**【解析】** 根据空后的“...but the woman dropped off to sleep.”可知,前后为转折关系,故这位女士的孩子依旧醒着。后文“A moment later, he began to... the half-open window—one leg went over it.”也提示孩子没有睡觉。故选 B。

#### • 技法 5 习惯搭配法

此方法主要指动词或形容词与介词的搭配、动宾搭配和句式搭配等。英语语言中存在大量的固定搭配和习惯表达,答题时要善于分析选项单词的用法,利用固定搭配、习惯表达轻松解题。

#### 典例剖析

8. [2021·北京卷节选] The train moved on. The little boy was...awake on his mother’s lap, but the woman dropped off to sleep. A moment later, he began to... the half-open window—one leg went over it. The man jumped up and grabbed the child just before he fell out.

The noise woke up the woman. She seemed to be in \_\_\_\_\_, and then reality dawned (显现).

- A. sorrow                      B. relief                      C. panic                      D. pain

**【解析】** 这位女士被男士救孩子的声音惊醒了,看到男士抓着她的孩子,很惊慌。*be in panic* 是固定词组,意为“处于恐慌中,惊慌失措”。故选 C。

## 第 2 讲 记叙文型完形填空——事件线



讲课智能体

### 专题导读

记叙文多以记人和叙事为主,具体来说,它借助叙述、描写等手段记叙社会中的人物和事件发展过程,以表达作者的态度和观点。近几年的高考完形填空题中的记叙文主要以叙事为主,以时间和空间的变化为线索,按照事件的变化发展逐步展开叙述。因此,理清事件线,对于记叙文型完形填空的完美作答大有裨益。下面以 2023 年高考北京卷完形填空为例来分析。

[2023·北京卷]

文体:记叙文 主题:人与自我 词数:286

I was always timid (羞怯的). Being new to the school made me even 1, so it was surprising I'd 2 to anyone around me. Now I was paying the price—to write a five-page essay on “Why I Should Not Talk in Class”. That would take all night!

After I got home, though, I took my time petting the cat—postponing the pain.

When I finally sat down to 3, I began with the reasons Ms Black would want to hear. Talking kept me and my neighbours from 4. One paragraph down; now what? I chewed on my pencil. Aha! What if talking were the first step towards life as a criminal? Without the education I was throwing away, I'd turn to theft and go to prison. When I got out, people would say, “She used to talk in class.” The pages began 5.

But when Mum got home from work, I was still 6, “Five pages! That's impossible!”

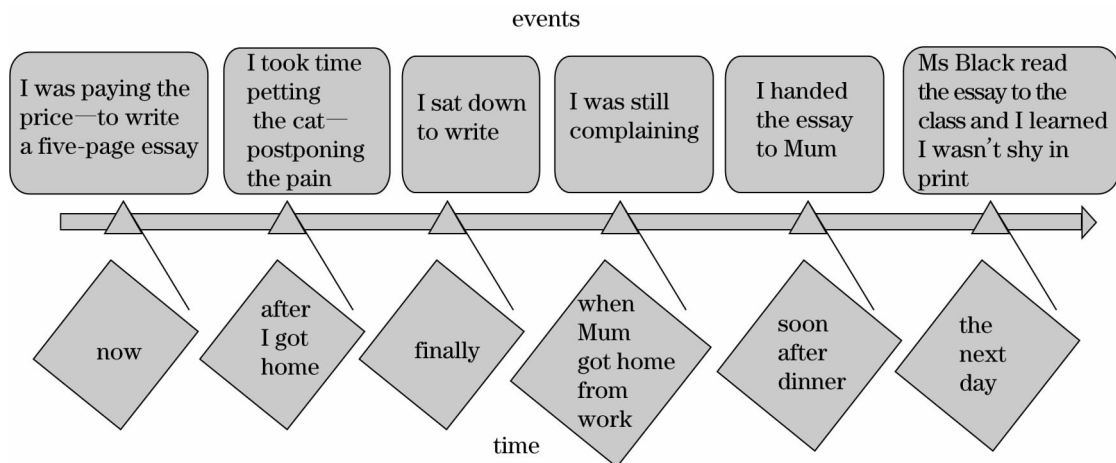
“Well, you'd better get back to work,” she said, “and I want to read it when you're through.”

Soon after dinner, I handed the essay to Mum. I half expected a 7—at least an “I hope you've learned your lesson”. 8, Mum laughed and laughed as she read.

The next day, when Ms Black read the essay to the class, everyone laughed. I could 9 they weren't making fun of me; they laughed because I had the power to tell a funny story. My 10 still needed some nudging (激发), but I did learn I wasn't shy in print.

- ( ) 1. A. freer                      B. shyer                      C. calmer                      D. happier
- ( ) 2. A. nod                      B. point                      C. listen                      D. chat
- ( ) 3. A. weep                      B. rest                      C. write                      D. read
- ( ) 4. A. learning                      B. playing                      C. planning                      D. laughing
- ( ) 5. A. standing out                      B. flying by                      C. breaking up                      D. checking in
- ( ) 6. A. celebrating                      B. longing                      C. complaining                      D. warning
- ( ) 7. A. lecture                      B. reason                      C. reward                      D. solution
- ( ) 8. A. Therefore                      B. Moreover                      C. Meanwhile                      D. Instead
- ( ) 9. A. hope                      B. imagine                      C. tell                      D. predict
- ( ) 10. A. patience                      B. confidence                      C. tolerance                      D. independence

**[语篇分析]** 本文是一篇记叙文。文章主要讲述了一向害羞的作者在老师罚写检讨后却发现自己写作时并不害羞,甚至还很有天赋。文章的事件线非常清晰,开头先交代 now 作者面临的困境:paying the price,然后娓娓道来整个故事:作者最开始不愿意写这五页纸的文章,所以 after I got home,不愿面对,先抚摸猫咪来推迟让人头疼的事情。作者等到 finally 坐下来写,文思枯竭,直到突然有了灵感。等到 Mum got home from work,作者还在抱怨。然后 soon after dinner,作者把写好的文章拿给妈妈看,妈妈大笑。随着事件的发展,到了 the next day,老师在全班面前读这篇文章,大家都笑了,由此作者发现自己写作时并不害羞,其自信心也得到了增强。整个事件的过程图如下:



因此,抓住文章的事件线(即整个事件的发生、发展、结束的过程)对于我们理解文章会有事半功倍的效果。

## 真题典例

[2024·北京卷]

文体:记叙文 主题:人与自我 词数:292

I'd just arrived at school, ready for another school day. I was reading a book in the classroom when there was an 1. "Today at 1:10 there will be auditions (面试) for a musical." My friends all jumped up in excitement and asked me, "Will you be going, Amy?" "Sure," I said. I had no 2 in drama, but I'd try out because my friends were doing it.

At 1:10, there was a 3 outside the drama room. Everyone looked energetic. I hadn't expected I'd be standing there that morning. But now that I was doing it, I 4 felt nervous. What if I wasn't any good?

I entered the room and the teachers made me say some lines from the musical. They then 5 my singing skills and asked what role I wanted to play. The teachers were smiling and praising me. I felt like I had a 6, so I said, "A big role." They said they'd look into it. I started getting really nervous. What if I didn't get a main role?

Soon, the cast list was 7. My friends checked and came back shouting, "Amy, you got the main role!" Sure enough, my name was at the top. I just stared at it and started to 8. I was so happy.

After two months we were all prepared and ready to go on stage. It was fun. And when people started 9, that gave me a boost of confidence. It stayed with me and made me feel 10. I realised that by trying something new, I can have fun—even if it means stepping out of my comfort zone.

- |                      |                 |                 |               |
|----------------------|-----------------|-----------------|---------------|
| ( ) 1. A. assignment | B. initiative   | C. announcement | D. interview  |
| ( ) 2. A. hesitancy  | B. interest     | C. worry        | D. regret     |
| ( ) 3. A. game       | B. show         | C. play         | D. line       |
| ( ) 4. A. suddenly   | B. continuously | C. originally   | D. generally  |
| ( ) 5. A. advertised | B. tested       | C. challenged   | D. polished   |
| ( ) 6. A. demand     | B. credit       | C. dream        | D. chance     |
| ( ) 7. A. traded     | B. posted       | C. questioned   | D. claimed    |
| ( ) 8. A. well up    | B. roll in      | C. stand out    | D. go off     |
| ( ) 9. A. whispering | B. arguing      | C. clapping     | D. stretching |
| ( ) 10. A. funnier   | B. fairer       | C. cleverer     | D. braver     |

## 模拟演练

A [2023·北京西城高三一模]

文体:记叙文 主题:人与社会 词数:312

As a child growing up in the 1980s, Marlene Irvin took many trips to Joyland, an amusement park in her hometown of Wichita, Kansas. She got excited the moment her family drove into Joyland's parking lot. "The carousel circling at the entrance to the park was always the 1 for me," Marlene said. "I could watch the horses for hours."

Joyland certainly made a(n) 2 impression on Marlene, as she got her "first real job" years later at Wichita's Chance Manufacturing, the largest maker of amusement park rides in the world at the time. Marlene started in the fibreglass workshop, where the carousel horses' frames, along with parts for Ferris wheels, roller coasters, and other rides, were pieced together. She 3 found her way to Chance's art and decoration department, becoming one of the lead horse artists.



carousel

Then, after working at Chance for nearly fifteen years, Marlene decided to start her own business, focusing on carousel restoration.

Around the same time, Joyland started experiencing a 4 in attendance. At last, to the heartbreak of Wichitans young and old, Joyland 5 after more than fifty years of operation. Local preservation organizations purchased some of the park's historical items, and Joyland's thirty-six carousel horses were donated to Botanica, a Wichita-owned botanical garden. Botanica asked Marlene to 6 the old, broken horses, and she accepted the challenge.

As Marlene finished each horse, Botanica 7 them for the public to see. Although they looked 8 compared to their glory (辉煌) days at Joyland, thanks to Marlene's artistic efforts, the horses impressed observers even more than they had before. When native Wichitans saw them, their most 9 question was: "Will we be able to ride them?" Even as 10, they remembered riding the horses at Joyland when they were kids.

Marlene always smiled and answered: "They've been waiting for you to come back."

- ( ) 1. A. memory                      B. dream                      C. highlight                      D. comfort  
( ) 2. A. immediate                      B. lasting                      C. accurate                      D. general  
( ) 3. A. suddenly                      B. definitely                      C. hesitantly                      D. eventually  
( ) 4. A. decline                      B. break                      C. boost                      D. return  
( ) 5. A. went down                      B. fell down                      C. got down                      D. shut down  
( ) 6. A. replace                      B. rearrange                      C. restore                      D. reuse  
( ) 7. A. displayed                      B. moved                      C. protected                      D. advertised  
( ) 8. A. modern                      B. different                      C. attractive                      D. unique  
( ) 9. A. basic                      B. unexpected                      C. common                      D. remarkable  
( ) 10. A. repairmen                      B. customers                      C. residents                      D. adults

**B [2025·北京海淀高三期中]**

文体:记叙文 主题:人与社会 词数:297

It's 4:30 am and the lights are blazing at Food Forward's warehouse. Forklifts whiz around the loading dock, pulling pallets of donated strawberries off one truck or pushing boxes of potatoes onto another headed to 1 people later in the day. Everything moves fast at Food Forward—a nonprofit devoted to giving away agricultural products that would 2 be wasted.

Food Forward started 15 years ago. When wandering through his neighbourhood, Rick Nahmias noticed all the 3 fruits on the trees and considered how he could make the best of them. "Why not give them to those in need?" Then Nahmias put an ad online, asking for volunteers to help him pick unwanted fruit for donation. Six people responded, but only one 4 at the first event. He persisted, and slowly, an initial core group formed. For the next nine months they'd gather on weekends, picking fruits and 5 them to local food banks.

In October 2009, Nahmias was offered a \$ 25,000 grant, enabling their weekend "fun" to become regular, which eventually contributed to a sustainable 6. Thus Food Forward was established. The nonprofit quickly expanded, collecting not only unwanted residential fruit but also millions of pounds of unsold 7 from farmers' markets and wholesale sellers. In 2023, it 8 87 million pounds to feed the starving people.

Today, Food Forward has 50 employees and 2,000 volunteers. People want to work here. Every morning, warehouse manager, drivers and vendors greet each other by name, usually with handshakes that end in hugs. This kind of 9 is a large part of why Food Forward has been so successful.

"10 the abundance" is not just a slogan; it's a way of life. We all have abundance; we just need to find out what it is, and give it.

- ( ) 1. A. needy                      B. willing                      C. demanding                      D. greedy  
 ( ) 2. A. then                      B. instead                      C. otherwise                      D. still  
 ( ) 3. A. fresh                      B. unpicked                      C. unripe                      D. tasty  
 ( ) 4. A. set off                      B. pulled in                      C. missed out                      D. showed up  
 ( ) 5. A. showing                      B. selling                      C. delivering                      D. recommending  
 ( ) 6. A. investment                      B. plan                      C. lifestyle                      D. organization  
 ( ) 7. A. meals                      B. produce                      C. clothing                      D. materials  
 ( ) 8. A. grew                      B. ordered                      C. traded                      D. distributed  
 ( ) 9. A. credit                      B. procedure                      C. relationship                      D. strategy  
 ( ) 10. A. Share                      B. Harvest                      C. Create                      D. Keep



讲课智能体

## 第3讲 记叙文型完形填空——情感线

### 专题导读

在阅读记叙文型完形填空时,要“身临其境、体会共情”,与文中主人公合二为一。“身临其境”指的是把自己想象成处于主人公的处境,“体会共情”指的是想主人公之所想,感受主人公的感受。只有这样,才能对文章有更深层次的理解。那么,如何做到“身临其境、体会共情”呢?在抓住事件线的同时,也要抓住记叙文的情感线。下面以2024年北京东城高三一模完形填空为例来分析。

#### 典例剖析

[2024·北京东城高三一模]

文体:记叙文 主题:人与社会 词数:287

In 2019, Thierry Henry, a bus driver, found there was a rise in bike thefts in his city, Reykjavik. Rather than 1 that the bike was gone forever, he decided to take matters into his own hands and started to track down the bikes and return them to their 2 owners.

The 44-year-old has helped return hundreds of stolen bikes in the past 4 years. His social media account has over 14,500 members and helps people track down more than just lost bikes. His page 3 to people who have lost tools, cars and other items of high value. On top of his noble act, Henry has helped the bike 4 to reform in the process.

5, Henry would deal with the thieves with anger. However, over time, he realized that most of the thefts were driven out of poverty and other issues. He went from feeling 6 towards the thieves, to developing empathy (同情) for their situations. It was very tough at first. But Henry decided to try to 7 them and just talk to them.

From this moment onward, he reached out to the thieves, offering help and guidance. After the change in his 8, Henry found that the bike thieves began to often hand back the bikes to him. Amazingly, some former thieves that Henry helped now 9 him in looking for the stolen bikes.

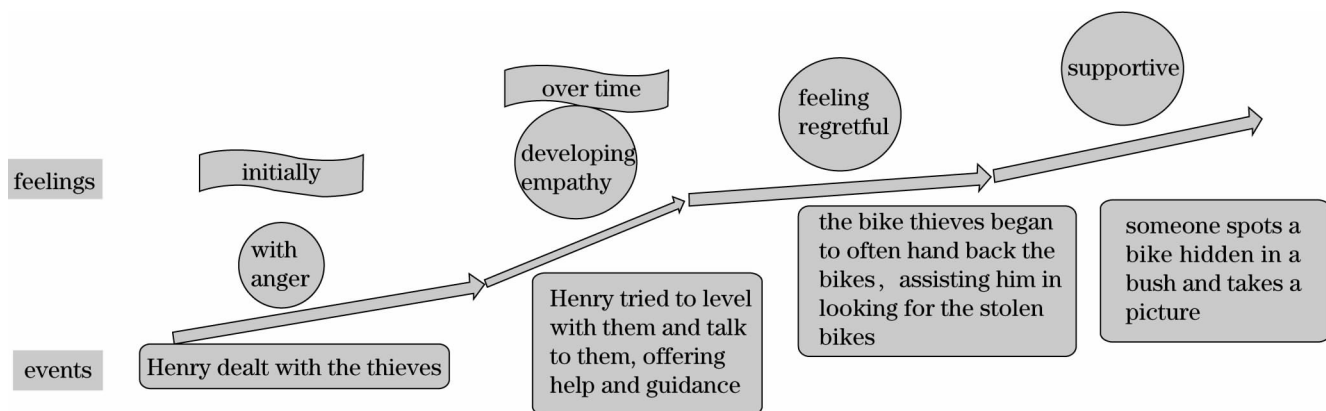
“It’s like a 10 that has got bigger and bigger,” says Henry. “It’s not only me. Many times, someone spots a bike hidden in a bush and takes a picture. Then someone else comments, ‘Hey, that’s my bike.’”

Thanks to Henry, everyone’s looking out.

- ( ) 1. A. claim                      B. expect                      C. accept                      D. realize  
 ( ) 2. A. new                      B. honest                      C. careless                      D. rightful  
 ( ) 3. A. belongs                      B. extends                      C. returns                      D. refers  
 ( ) 4. A. owners                      B. makers                      C. thieves                      D. sellers  
 ( ) 5. A. Initially                      B. Unknowingly                      C. Incredibly                      D. Unwillingly  
 ( ) 6. A. regretfully                      B. negatively                      C. guiltily                      D. helplessly

- ( ) 7. A. level with                      B. reply to                      C. side with                      D. apologize to  
 ( ) 8. A. plan                                B. occupation                    C. habit                            D. approach  
 ( ) 9. A. assist                              B. trust                            C. engage                        D. drag  
 ( ) 10. A. dream                            B. snowball                      C. rainbow                        D. balloon

**【语篇分析】** 本文是一篇记叙文。文章主要讲述了 Thierry Henry 在 2019 年发现 Reykjavik 市自行车盗窃数量增加,开始追踪丢失的自行车,最终成功地追回了部分被盗的自行车,一些小偷也因为 Henry 的帮助而改过自新。随着事件的发展,文章的情感线非常清晰。最初, Henry 对于小偷的盗车行为感到愤怒;随后,他意识到了一些小偷的处境,对他们的消极态度转变为同情;一些小偷也感到懊悔,开始归还自行车并帮助他寻找被偷的车;越来越多的人表示支持 Henry,发现了丢失的自行车后拍照公之于众。本文的事件线和情感线互相交叉,如下图所示:



因此,抓住文章的情感线有助于我们在阅读文章时“身临其境、体会共情”,在理解文章感情基调的基础上进行准确判断。

### 真题典例

[2022·北京卷]

文体:记叙文 主题:人与社会 词数:259

One Monday morning, while the children were enjoying “free play”, I stepped to the doorway of the classroom to take a break. Suddenly, I 1 a movement of the heavy wooden door. This was the very door I 2 guided the children through to ensure their safety from the bitter cold. I felt a chill (寒意) go through my body.

My legs carried me to that door, and I pushed it open. It was one of my kindergarteners who I thought was 3 that day. He had been dropped off at school late and was 4 to open the door.

He must have been waiting there for quite a while! Without a word, I rushed him to the hospital. He was treated for frostbite on his hands. He'd need time to 5, and wouldn't come for class the next day, I thought.

The next morning, one of the first to 6 was my little frostbitten boy. Not only did he run in with energy, but his 7 could be heard as loud as ever! I gave him a warm hug and told him how 8 I was to see him. His words have stayed with me all these years, “I knew you would open the door.”

That cold Monday morning, he waited a long, long while for adults to 9. To a child, every minute feels like forever. He didn't attempt to walk back home; he waited and trusted. This five-year-old taught me a powerful lesson in 10.

- ( ) 1. A. caused                              B. spotted                            C. checked                        D. imagined  
 ( ) 2. A. hesitantly                            B. randomly                        C. dizzily                            D. carefully  
 ( ) 3. A. angry                                    B. absent                            C. special                            D. noisy  
 ( ) 4. A. courageous                            B. content                            C. unable                            D. unwilling  
 ( ) 5. A. recover                                B. play                                C. change                            D. wait  
 ( ) 6. A. settle                                    B. gather                            C. arrive                            D. react

- ( )7. A. sneeze                      B. weep                      C. complaint                      D. laughter  
 ( )8. A. lucky                      B. happy                      C. curious                      D. nervous  
 ( )9. A. show up                      B. pull up                      C. hold up                      D. line up  
 ( )10. A. gratitude                      B. forgiveness                      C. faith                      D. kindness

### 模拟演练

A [2025·北京朝阳高三期中]

文体:记叙文 主题:人与自我 词数:301

My 10-year-old son Egbert was a picky eater—he only ate chicken nuggets and yogurt—and unwilling to try new things. According to him, it's because he has phobias, including heights and the dark. I was hoping to find a way to 1 him without using old sayings like “If you don't try it, you'll never know if you like it.” So before our skiing trip to Los Angeles, I 2 a rule: we would say yes to everything, including new foods and experiences.

We said yes from the beginning of our trip. At the airport café, Egbert began by trying new foods like vegetable meatballs. 3, he rated it as “not bad”. The next day in the snowboarding school, despite the fear of heights, Egbert challenged himself to learn how to ride a chairlift. After skiing, we were both cold and wet, and Egbert suggested the outdoor hot tub (热水浴池). Though it would be a completely new experience for us, I 4 it together with him and the experience proved to be a delight. I felt 5 of myself for trying something new.

On our summer holidays, we continued the 6 of saying yes. At the competition in Cody, Wyoming, neither of us 7 when we were invited onto the field to join in the horse racing. Though we came back without prizes, we were both laughing, sweaty and 8. I know it's a moment we'll never forget.

Therein lies the 9 of saying yes on vacation: it pushes us out of our comfort zone, though it's not always possible to say yes to everything in our daily life. Developing a sense of 10 helps us live life to the fullest even if we sometimes wind up cold and wet.

- ( )1. A. warn                      B. award                      C. order                      D. encourage  
 ( )2. A. broke                      B. set                      C. changed                      D. remembered  
 ( )3. A. Strangely                      B. Clearly                      C. Undoubtedly                      D. Surprisingly  
 ( )4. A. braved                      B. adjusted                      C. missed                      D. discussed  
 ( )5. A. afraid                      B. proud                      C. nervous                      D. respectful  
 ( )6. A. tradition                      B. lesson                      C. trend                      D. celebration  
 ( )7. A. cared                      B. agreed                      C. panicked                      D. hesitated  
 ( )8. A. puzzled                      B. touched                      C. excited                      D. disappointed  
 ( )9. A. risk                      B. beauty                      C. cost                      D. duty  
 ( )10. A. devotion                      B. identity                      C. adventure                      D. happiness

B [2024·北京朝阳高三期中]

文体:记叙文 主题:人与社会 词数:275

Last night was the last game for my son's soccer team. Everyone in the team had trained very hard for it and thus confidently expected a big win.

It was the final quarter. The score was two to one, my son's team in the 1. Parents encircled the field, offering encouragement. With less than ten seconds remaining, the ball rolled in front of my son's teammate, Mickey O'Donnel. With shouts of “2 it!” across the field, Mickey took the chance and gave it everything he had. All round me the crowd erupted. He had 3!

However, everyone realized immediately that Mickey did it, but in the 4 goal, ending the game in a draw. For a moment there was total 5. The air seemed to be at a standstill. You see, Mickey

has Down's syndrome, a condition in which a person is born with learning difficulties, and for him all goals should be celebrated. He had 6 been known to hug the opposing players when they won a point.

Not knowing what was happening, Mickey ran over to my son excitedly, "I made it! I made it! Everybody won!" For a moment I held my breath, not sure how my son would 7. I need not have worried. I watched, through tears. My son 8 his hand in the classic high-five gesture and started shouting, "Way to go Mickey! Way to go Mickey!" Within moments both teams surrounded Mickey, joining my son to 9 him on his goal.

Later that night, when my daughter asked who had won, I smiled as I replied, "It was a 10. Everybody won."

- |                        |             |              |             |
|------------------------|-------------|--------------|-------------|
| ( ) 1. A. way          | B. position | C. lead      | D. back     |
| ( ) 2. A. Leave        | B. Pick     | C. Throw     | D. Kick     |
| ( ) 3. A. missed       | B. scored   | C. performed | D. slipped  |
| ( ) 4. A. clear        | B. wrong    | C. specific  | D. decisive |
| ( ) 5. A. silence      | B. anger    | C. whisper   | D. laughter |
| ( ) 6. A. rather       | B. hardly   | C. almost    | D. even     |
| ( ) 7. A. admit        | B. react    | C. guess     | D. defend   |
| ( ) 8. A. drew back    | B. put down | C. looked at | D. threw up |
| ( ) 9. A. congratulate | B. comfort  | C. consult   | D. instruct |
| ( ) 10. A. relief      | B. key      | C. tie       | D. pity     |

## 完形填空综合练

(一) [2026·北京东城高三期末]

文体:新闻报道 主题:人与社会 词数:309

In the rolling hills of southern Quebec, where small towns like Lac-Mégantic lack 1, a school bus painted in soft blue and green has become a beloved weekly fixture.

Pierre Lemieux, 30, and Emily Cote, 28, the couple behind the "Library on Wheels", 2 their urban careers to pursue a dream born from a weekend trip to a remote village. "We met a 10-year-old boy there who'd never owned a book of his own," Ms Cote recalls. "He asked if he could keep the novel we'd brought to read, and that's when we realized how much 3 to books was missing here."

Their journey began in March 2024, when they purchased a retired school bus. For six months, they worked 4 day and night to change the interior of the bus to a small library. They 5 5,000 books—from children's picture books to nonfiction on farming—through donations from Montreal libraries and community book drives.

Since 6 in September 2024, the "Library on Wheels" has visited 12 communities. Residents can borrow books for free, or join monthly book clubs. "My daughter, Lily, used to hate reading—now she begs to go to 'bus day' every Tuesday," says Marie-Claude Gagnon, a local farmer. In Lac-Mégantic, one older gentleman, who hadn't held a book since his wife passed away, borrowed a poetry collection his wife loved.

"We didn't quit our jobs to make money—we did it to fill a 7," Mr Lemieux says. "When you see a kid 8 because they've found a book that feels like it was written just for them, or a senior smile because a story takes them back to their childhood, that's the 9." Their small, blue-and-green bus is more than a library—it's a bridge between communities, and a 10 of the joy of reading.

- |                   |              |             |                |
|-------------------|--------------|-------------|----------------|
| ( ) 1. A. schools | B. libraries | C. funds    | D. buses       |
| ( ) 2. A. took up | B. turned to | C. gave up  | D. planned for |
| ( ) 3. A. respect | B. access    | C. response | D. devotion    |

- ( )4. A. effortlessly      B. fruitlessly      C. fearlessly      D. tirelessly  
 ( )5. A. sourced      B. purchased      C. assessed      D. published  
 ( )6. A. proceeding      B. reforming      C. engaging      D. launching  
 ( )7. A. gap      B. post      C. plot      D. life  
 ( )8. A. show off      B. stand out      C. light up      D. start over  
 ( )9. A. price      B. reward      C. promise      D. root  
 ( )10. A. conclusion      B. standard      C. celebration      D. fantasy

(二) [2026·北京丰台高三期末]

文体:记叙文 主题:人与自我 词数:320

Being “Number 23”

Sumi always felt an indescribable sense of discomfort every time others called her daughter Anna “Number 23”—the girl consistently ranked 23rd out of 50 in every exam. Amid other parents boasting about their kids’ piano honours and maths awards, Sumi found herself consumed by 1.

Determined to lift Anna’s grades, Sumi hired tutors, bought fancy stationery, and promised rewards for improvement. Anna tried 2: she gave up sketching, paper cutouts, and weekend lie-ins, bouncing from class to class and poring over questions. But the 3 wore her down—she lost her appetite, couldn’t sleep, and fell seriously ill with fever and weariness. Upset, Sumi finally 4. Once she stopped forcing Anna to hit the books, the light returned to Anna’s eyes.

At a weekend family outing delayed by traffic, the bored kids grew increasingly impatient and 5—until Anna told jokes like a big sister and turned leftover candy boxes into paper animals, 6 one to each child. Watching other parents beam with (满面洋溢着) 7, Sumi felt a surge of pride she hadn’t known in years.

At term’s end, Anna’s teacher called, “She’s still mid-rank, but on the bonus question—‘Who’s your favourite classmate?’—almost every student 8 her. They love her kindness and how she listens and helps. Some even want her as class monitor.”

Sumi cried tears of joy and 9. Greeting Anna home, she said, “Your teacher says everyone adores you—you’re a hero.” Anna grinned, “I don’t want to be a hero. Heroes get clapped for—I want to be the one clapping.”

In that instant, Sumi realized: we chase “Number One” for our kids, but kindness, joy, and staying true to oneself are the truest 10. Being “Number 23” was never a flaw—it was just Anna’s quiet way of shining.

- ( )1. A. fear      B. anger      C. worry      D. guilt  
 ( )2. A. desperately      B. aimlessly      C. awkwardly      D. hesitantly  
 ( )3. A. failure      B. pressure      C. boredom      D. confusion  
 ( )4. A. backed off      B. slowed down      C. fought back      D. broke down  
 ( )5. A. stressed      B. nervous      C. restless      D. excited  
 ( )6. A. delivering      B. awarding      C. donating      D. gifting  
 ( )7. A. curiosity      B. appreciation      C. amusement      D. hope  
 ( )8. A. guided      B. tested      C. nursed      D. named  
 ( )9. A. gratitude      B. regret      C. relief      D. shock  
 ( )10. A. surprises      B. talent      C. freedom      D. wins

(三) [2025·北京海淀高三期末]

文体:记叙文 主题:人与自我 词数:338

Last weekend, I took Rio, my energetic 3-year-old grandson who couldn’t sit still for a moment, to the park so he could run around and see the duck pond. My goal was to get him outside for a while, let him 1 some energy, and teach him about the ducks. But he had no goals. Three-year-olds don’t need goals.

That was the first of several lessons I learned that day. I had expected to be the teacher, but I had it 2. My grandson helped me remember things we're born knowing but forget in the process of becoming an adult.

Rio had a sense of 3. As soon as we walked into the park, he looked up at the sky. It was a cold day, with pillowy clouds drifting across the sky, and he found 4 in watching them. I'd forgotten how magical clouds could be.

His exploration was endless. He was always on the search for sticks. He knew that a stick could be used for many things. He scraped the ground with them, rapped a drumbeat with them on trees and benches, and 5 them in the air like a flag. No need for toys or electronic devices, unlike at home. Just sticks.

There were a few kids playing in the park with a parent and people walking dogs. Rio said hi to everyone and stuck out his hand for a high five with a few 4- to 5-year-olds. He tried to 6 conversations with enthusiasm. It was clear that he didn't care what people looked like, how old they were, or whether they said hello first. No 7. Just a sincere desire to 8.

My biggest revelation from our hour in the park was that Rio was fully 9 no matter what he was doing. He never asked what time it was, when we were leaving, or what we were going to do next. He was, every second we were there, completely and absolutely in the 10.

I wish I could be. Don't we all?

- |                      |              |               |              |
|----------------------|--------------|---------------|--------------|
| ( ) 1. A. burn       | B. feel      | C. waste      | D. produce   |
| ( ) 2. A. together   | B. here      | C. out        | D. backwards |
| ( ) 3. A. direction  | B. wonder    | C. security   | D. purpose   |
| ( ) 4. A. joy        | B. hope      | C. difference | D. relief    |
| ( ) 5. A. broke      | B. threw     | C. waved      | D. kicked    |
| ( ) 6. A. write down | B. strike up | C. reflect on | D. look into |
| ( ) 7. A. envy       | B. guilt     | C. judgement  | D. amazement |
| ( ) 8. A. show       | B. improve   | C. explain    | D. connect   |
| ( ) 9. A. aware      | B. prepared  | C. present    | D. informed  |
| ( ) 10. A. way       | B. lead      | C. balance    | D. moment    |

(四) [2025·北京丰台高三期末]

文体:记叙文 主题:人与社会 词数:265

In our community, water has been scarce (稀缺的) for weeks in many homes. Thankfully, my dad's foresight blessed our home with a(n) 1 well that provides us with fresh water every day.

One Sunday, we arrived home from a wedding. There were our 2 neighbours, sitting among a pile of buckets, bottles, and anything they could fill water in. Concern immediately filled my heart. Upon enquiry, they replied they had been 3 for the water truck in the baking heat for hours.

Seeing these, I remembered the community spirit of "I am because we are". I felt an urge to 4 our neighbours. My family all agreed with me. We 5 them to collect water from our well. We opened the gate and connected the hosepipe.

Very quickly, the word spread, and old and young from the community 6 to collect water with various-sized containers. It was a feel-good moment for me and heart-warming to watch the young help the elderly carry their water home before 7 for their own buckets.

Finally, the water truck arrived. By that time we must have provided water for around 50-plus people, which made them 8 and grateful. We also arranged a time for them to come the following day if there was still no water available.

And as long as our family's well is working, we 9 our spirit. It is the fundamental recognition that individual acts of kindness will spread and grow into a 10 that can overcome even the severest shortages. We are stronger together.

- ( )1. A. ancient                      B. popular                      C. precious                      D. abandoned  
 ( )2. A. desperate                      B. polite                      C. kind                      D. bored  
 ( )3. A. searching                      B. waiting                      C. planning                      D. applying  
 ( )4. A. help                      B. observe                      C. visit                      D. forgive  
 ( )5. A. drove                      B. taught                      C. encouraged                      D. challenged  
 ( )6. A. struggled                      B. volunteered                      C. hesitated                      D. gathered  
 ( )7. A. looking                      B. returning                      C. asking                      D. sending  
 ( )8. A. amused                      B. free                      C. proud                      D. relieved  
 ( )9. A. identify                      B. understand                      C. practise                      D. learn  
 ( )10. A. style                      B. symbol                      C. concept                      D. force

(五) [2025·北京海淀高三一模]

文体:记叙文 主题:人与社会 词数:314

Last year, five homeless cats lived in the shadows in our neighbourhood, silently asking for help. Every day, I saw them huddle together, their fur matted and eyes filled with hope and 1. As I watched them, I couldn't shake the feeling that I needed to take action.

Every morning, I put cat food near our building. The cats appeared, 2 at first, then rushing towards me as if they had been waiting all along. Feeding them became a ritual that strengthened our bond. As winter approached, my 3 grew. I couldn't bear the thought of those 4 creatures suffering in the biting cold. I then set up cozy corners for them in the damp basement of our building.

However, not everyone shared my compassion. One neighbour insisted on getting rid of the cats. He called Animal Control to have them 5. Our debates were heated, but I advocated for them as I knew they had no one else to defend them.

As weeks passed, I felt an urge to find loving homes for the cats. I 6 friends and posted information on social media. To my delight, four of them found new families. Each 7 felt like a victory in my mission to make a difference. Then there was one cat, Joy, who stole my heart completely. When I took him in, it was as if he had always 8 in my home. His playful and silly behaviour brought laughter to my days, and his gentle purring at night brought me peace.

Through this experience, I've found 9 in my voice, learning to advocate for the voiceless. I've learned we all have the power to make the world a better place for all beings, no matter how small our actions may seem. Whether it's feeding a stray, advocating for animal welfare, or merely 10 kindness in our communities, every effort counts.

- ( )1. A. joy                      B. fear                      C. curiosity                      D. anger  
 ( )2. A. quietly                      B. aimlessly                      C. bravely                      D. cautiously  
 ( )3. A. concern                      B. depression                      C. excitement                      D. expectation  
 ( )4. A. smelly                      B. energetic                      C. innocent                      D. noisy  
 ( )5. A. fed                      B. removed                      C. examined                      D. cleaned  
 ( )6. A. reached out to                      B. looked up to                      C. caught up with                      D. got on with  
 ( )7. A. devotion                      B. decision                      C. admission                      D. adoption  
 ( )8. A. slept                      B. hidden                      C. belonged                      D. waited  
 ( )9. A. strength                      B. truth                      C. comfort                      D. secret  
 ( )10. A. repaying                      B. spreading                      C. receiving                      D. teaching

(六) [2024·北京西城高三二模]

文体:记叙文 主题:人与社会 词数:259

You may have heard of the famous workplace communication software, Slack. Many companies use Slack to virtually communicate across teams. What most people don't know is that Slack, despite its 1, was never meant to exist. In fact, the company who developed Slack actually had been hoping to create

the next popular video game. But after raising millions of dollars to fund the game development, the company ultimately 2 the project because the game failed to attract enough users.

The 3 goal of the company wasn't achieved. However, during the process of creating their game, something else happened. The team realized that the 4 system they created to accompany the game was worth investing more time in. And they 5 to invent the communication system idea for one of the fastest-growing start-ups in history, and Slack was born.

An outcome-focused company might have just moved on from the failed video game or, worse, continued investing resources, risking further negative outcomes. But 6, this company didn't do that. 7, they had been paying attention to the process. Focusing on the process allowed this company to 8 and redefine their desired outcome.

You've probably heard a quote or two in your life about the 9 of "the journey"—how often the journey is more significant and impactful than the 10. The company that developed Slack understood this principle, and by focusing on the process rather than the outcome, they were able to achieve greater success than they first had hoped for.

- ( )1. A. problem                      B. history                      C. success                      D. limitation  
( )2. A. took down                      B. shut down                      C. cut down                      D. passed down  
( )3. A. immediate                      B. general                      C. real                      D. initial  
( )4. A. chat                      B. sign                      C. control                      D. power  
( )5. A. intended                      B. managed                      C. pretended                      D. promised  
( )6. A. luckily                      B. naturally                      C. likely                      D. hopefully  
( )7. A. Therefore                      B. Still                      C. Indeed                      D. Instead  
( )8. A. predict                      B. achieve                      C. adapt                      D. watch  
( )9. A. origin                      B. challenge                      C. importance                      D. influence  
( )10. A. distance                      B. destination                      C. determination                      D. direction

(七) [2024·北京海淀高三二模]

文体:记叙文 主题:人与自我 词数:302

Movement is our first language; I believe we're born to dance. I've always had a special liking for dance, and my job.

I got great 1 working in the therapeutic (治疗的) world; it felt more like a calling. I enjoyed every moment; my purpose and mission 2 me. My highlights are when I've witnessed once dull and hopeless eyes light up when the person felt seen, heard, and accepted.

Then, ill health struck. As my health declined progressively, I had to stop doing what I loved. 3, all I had was being able to facilitate the occasional workshop when opportunity and energy aligned (一致). Chronic fatigue syndrome (慢性疲劳综合征) is a merciless beast.

In 2020, the unimaginable happened. In addition to soul-destroying feeling of being 4, I began experiencing frequent vocal challenges of varying degrees. I could no longer accept facilitation invitations because my 5 was now unreliable. I grieved, feeling like I was being swallowed by a damp, dark fog.

After an extended period of being in self-pity, I 6 my thinking. I have internal value. My value or identity is not 7 by what I can or cannot do. Regarding my health journey, in time, I 8 this: it is what it is. For this season, this is my path.

So, I started dancing again. Life is full of surprises, pleasant, unpleasant, and neutral, yet what matters is how we 9 to those surprises. Despite ongoing voice loss and health challenges, I found new ways to make a difference.

You and I may not be able to choose the 10 life plays for us; however, we do get to choose how we will dance to it. May we dance with strength, courage, and grace.

- ( )1. A. fame                      B. surprise                      C. pleasure                      D. inspiration  
( )2. A. fuelled                      B. attracted                      C. instructed                      D. calmed

- ( )3. A. Simply                      B. Particularly                      C. Eventually                      D. Apparently  
 ( )4. A. tired                      B. annoyed                      C. disappointed                      D. injured  
 ( )5. A. mind                      B. sight                      C. sense                      D. voice  
 ( )6. A. discovered                      B. adjusted                      C. abandoned                      D. controlled  
 ( )7. A. ignored                      B. selected                      C. defined                      D. assisted  
 ( )8. A. accepted                      B. recalled                      C. questioned                      D. expected  
 ( )9. A. refer                      B. appeal                      C. turn                      D. respond  
 ( )10. A. role                      B. music                      C. joke                      D. game

(八) [2024·北京东城高三二模]

文体:记叙文 主题:人与社会 词数:265

Steven took his 7-year-old son Alex and 4-year-old daughter Mia out on his boat for fishing and fun. But in the blink of an eye, things took a terrifying 1 when a strong current suddenly swept through, causing Mia to 2 her hold on the boat.

While Mia wore a life jacket, Alex did not. But as the current pulled his sister away, Alex wasn't going to leave her alone. He, too, let go of the 3 and swam towards his sister.

Realizing the danger, Steven 4 jumped into the water and tried to help his kids. But the strong current made it difficult even for him. So he told Alex to swim to shore while he tried to rescue Mia.

"I told them both I loved them because I wasn't sure what was going to happen," Steven recalled. "I tried to 5 Mia as long as I could. But finally I wore myself out, and she drifted away (漂走) from me."

Alex followed his dad's 6 and headed for the shore. But it was no easy task. "The current was going the opposite way," he explained.

This little boy spent an hour 7 his way back to land. He swam more than a mile. Once he finally made it to the shore, the boy ran to the first house he could find and begged for 8. From there, Jacksonville authorities 9 and rescued Steven and his daughter.

Alex, the brave and 10 little boy saved his sister and dad. If not for him, it would have been a different story.

- ( )1. A. hit                      B. turn                      C. pause                      D. risk  
 ( )2. A. release                      B. find                      C. escape                      D. regain  
 ( )3. A. fish                      B. jacket                      C. boat                      D. current  
 ( )4. A. unusually                      B. suddenly                      C. instantly                      D. unexpectedly  
 ( )5. A. relate to                      B. wait for                      C. count on                      D. stick with  
 ( )6. A. explanation                      B. footsteps                      C. example                      D. instructions  
 ( )7. A. clearing                      B. fighting                      C. picking                      D. changing  
 ( )8. A. security                      B. understanding                      C. permission                      D. help  
 ( )9. A. cut in                      B. looked out                      C. took over                      D. came around  
 ( )10. A. tough                      B. humble                      C. hard-working                      D. confident

(九) [2024·北京西城高三一模]

文体:记叙文 主题:人与自我 词数:327

When Susan was a high school senior, her English teacher Mr DiMeo gave the class a challenging task: recite a poem in front of the whole class.

"I had a mild stutter (结巴). I'd be 1 to get a word out that might begin with 'D' or 'TH', or I might say 'the' three times," Susan said. The thought of getting up in front of her classmates and stuttering through the poem was too much to 2.

Susan went home and 3 how scared she was to her mum, who agreed to write a note asking for her to be 4 from doing the task in front of the whole class.

When the day of the recitation came, Susan recited the poem one-on-one to Mr DiMeo. 5 she was done, Mr DiMeo said something she'd never heard before: he liked listening to her voice. For the

first time, she considered the possibility that public speaking didn't have to be a source of 6.

Susan went on to graduate from high school and go to college. She never got to properly thank Mr DiMeo. But sometime after college, she 7 a job as a corporate trainer. The new position made her realize how big a(n) 8 he had had on her confidence.

"I stand up in front of people and speak, and I do it all the time. If I do stutter once in a while, no big deal," she said. Susan recently found a way to 9 her former teacher, and plans on sending him a letter expressing her appreciation.

In her mind, Mr DiMeo is an unsung hero, because he's a big reason why she has a successful career and life. "I don't know where I would've gone if I felt like I had to keep my voice 10 because I was afraid of embarrassing myself. I'd like to thank him for that kindness."

- ( )1. A. continuing      B. struggling      C. pretending      D. hoping  
( )2. A. share      B. express      C. find      D. bear  
( )3. A. taught      B. proved      C. revealed      D. promised  
( )4. A. excused      B. prohibited      C. corrected      D. discouraged  
( )5. A. While      B. Although      C. Unless      D. Once  
( )6. A. jealousy      B. worry      C. boredom      D. loneliness  
( )7. A. wanted      B. offered      C. landed      D. created  
( )8. A. impact      B. idea      C. choice      D. stress  
( )9. A. judge      B. contact      C. study      D. interview  
( )10. A. sweet      B. loud      C. quiet      D. deep

(十) [2024·北京海淀高三一模]

文体:记叙文 主题:人与社会 词数:323

It was 4:30 pm. As I was packing up, I noticed my colleague had left his laptop bag in the office. So I decided to bring it to him. It took me about 15 minutes to get to his house, where I 1 the bag and got right back on the road.

Suddenly a snowstorm came and within minutes I was in a whiteout. I stopped because I was afraid of driving into a farmer's field, or worse. I kept the car 2 to stay warm and called 911. They told me to sit tight and wait things out for the night.

Those seconds after the call were 3. "Breathe," I told myself. Panicking won't help.

I texted my colleague, joking about my good deed ending in 4. He suggested I share a satellite view of my 5 on my social media. And I did so, praying that anyone who knew the residents of the nearby farms could get me rescued.

Waiting in the car, I doubted whether 6 would be able to come. Soon enough, though, I got a message from someone who was going to put me in touch with them.

At 8 pm, I saw a tall figure in a yellow raincoat striding towards me in the dark, carrying a flashlight. I'd never been more 7 to see someone in my life. It was André Bouvier, who'd walked about 550 yards to come get me, fighting the wind and snow each step of the way.

He turned around and started to trudge through the snow, sure of the direction. I drove behind him, feeling my heart begin to beat more 8. When we reached his house, I burst into tears, all my fears turning into relief and 9.

The experience has been a game changer for me. I now 10 challenges with a sense of calm I'd not known before. But best of all, it brought André into my life.

- ( )1. A. dropped off      B. filled up      C. set aside      D. put away  
( )2. A. locked      B. parked      C. signaling      D. running  
( )3. A. painful      B. critical      C. disappointing      D. impressive  
( )4. A. failure      B. smoke      C. disaster      D. mystery  
( )5. A. route      B. location      C. direction      D. destination